



## Sports Science CAVA Access to Higher Education Diploma

Access courses are designed as a stepping stone to enable motivated, enthusiastic people to progress on to Higher Education. There is a very high level of academic and personal support throughout the course, which can help if you need to combine study with part-time employment and family commitments.

For more information on the awarding body (CAVA) click [here](#).

### ✓ Ideal if

You want to re-train or re-direct your life into a sports related career.

### ☰ You'll need

There are no specific entry requirements for Access to Sports Science, you will be invited to an interview to assess whether this course is the right one for you e.g will it enable you to achieve your career and progression goals and are you committed enough to see the course through to completion.

### Key facts

**Course title:**  
Sports Science CAVA Access to Higher Education Diploma

**Location:**  
Cornwall College Camborne

**Start date:**  
September 2019

**Course length:**  
1 Year

To find out more call 0845 22 32 567 or email [enquiries@cornwall.ac.uk](mailto:enquiries@cornwall.ac.uk)



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## You'll learn

A range of units including -

- Practical Coaching
- Exercise Physiology
- Human Anatomy
- Coaching Principles
- Fitness and Training
- Sports Development
- Placement
- Heat, Circulation and Gas Exchange
- Human Movement
- Human Nutrition and Digestion
- Applied Business Marketing
- Business Start Up and Growth
- Events Management
- Developing your Research Skills
- Exam Techniques and Practice
- ICT
- Researching and Understanding Opportunities for HE

You'll also learn how to structure essays, prepare for exams and overcome presentation nerves.

## Expect

This course runs for 3 days a week during the course of the academic year.

Please note if you do not already have GCSE A-C in Maths and English you will need to retake these, as this is a key entry requirement for Universities.

We are currently timetabling an additional day for anyone retaking GCSE's.

Assessment will take the form of coursework, presentations or in class assessments depending on the unit you are studying. This is to ensure you learn how to perform well in each of these assessment methods ahead of progressing to university.

## You'll love

The support available to you from highly experienced teaching staff, to our excellent facilities.

## You'll go on to

Various sports related degrees. You can continue with your studies at Cornwall College as we offer a FdSc Sports Development & Coaching degree or FdSc Sport, Health and Fitness.

We always advise potential students to contact universities they have in mind to discuss their individual entry requirements.

## Choose from these course options

Course Title	Location	Start	Length
Sports Science Access to HE Diploma	Cornwall College Camborne	September 2019	1 Year

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