



Applying Stone Therapy

This is a part time course to learn and develop industry skills in stone therapy. The Level 3 Award covers anatomy and physiology to develop and provide an in-depth understanding of the human body.

Once the stones have been placed correctly and have been left to do their job, it is then often followed up by a holistic massage which offers a more intense and deeper treatment. The heat from the stones helps to penetrate the body and aids in relaxing the muscles on a deeper level than just normal massage. Therefore it is recommended that students have a basic knowledge of massage.

□ Ideal if

This course is ideal for anyone wishing to learn to apply these special stones (usually basalt) to offer an invigorating and amazing massage treatment

□ You'll need

No previous qualifications are required and this treatment can be incorporated into many holistic therapy treatments or as a stand-alone therapy. However, it is recommended that students have a basic knowledge of massage prior to undertaking the course.

□ You'll learn

The Level 3 Award in Apply Stone Therapy Massage programme covers Anatomy & Physiology to develop and provide an in-depth understanding of the human body

This is a certified professional training course using deep tissue techniques which covers the full body. Our Applying Stone Therapy Course offers massage techniques that go back many thousands of years.

Key facts

Course title:

Applying Stone Therapy

Location:

Cornwall College Camborne

Start date:

September 2020

Course length:

TBC

□ Expect

Assessment to take the form of practical observations, assignments, and a knowledge and understanding online test.

□ You'll love

Learning a new skill preparing you for the beauty industry.

□ You'll go on to

On completion of this qualification you may choose to undertake further study courses at Cornwall College. Qualifications you could progress to include:

- Swedish Massage Certificate Level 3
- Reflexology Diploma Level 3
- Beauty Therapy Diploma Level 3

Choose from these course options

| Course Title | Location | Start | Length |
|------------------------|------------------------------|----------------|--------|
| Applying Stone Therapy | Cornwall College Camborne | September 2020 | TBC |