



## Personal Progress Towards Independence

This department focuses on building your confidence in learning, employability and independent living with all programmes tailored to each individual learner, with effective teaching that involves providing each student with different avenues to learning, often in the same classroom. We have dedicated foundation learning areas and experienced tutors who will help you reach your full potential.

This one to three year course is designed to prepare you for independent living, build your teamwork skills and improve your maths and English. You will take part in activities that are engaging and positively assess your development throughout the duration of the course. You will love how much your self-confidence and social skills improve.

This course runs for 4 days per week and you may study between 1 to 3 years depending on individual needs and is aimed at 16 - 24 year olds with additional needs.

### □ Ideal if

You would like to develop your independent living skills.

### □ You'll need

There are no formal entry requirements, however to access this course you will need to have evidence of additional learning needs such as an EHC Plan.

### Key facts

**Course title:**

Personal Progress Towards Independence

**Locations:**

Cornwall College Camborne,  
Duchy College Stoke  
Climsland, Cornwall College  
St Austell

**Start date:**

September 2020, September  
2020, September 2020

**Course length:**

1 year

## □ You'll learn

How to prepare yourself for independent living, build your teamwork skills, and improve your English and mathematics.

- Art & Craft - You will work with mixed media to create artwork which will culminate in an end of year exhibition in our pop up art studio.
- Cookery & Healthy Living – You will learn about healthy eating and healthy lifestyles as well as learning basic cookery skills in our fully equipped training kitchens and independent learning suites which will enable you to develop your independence.
- Horticulture –You will learn basic horticulture skills including cultivation of a variety of plants as well as developing employability skills within maintenance of the grounds.
- Animal Care – You will have the opportunity to use our specialist animal care facilities where you will learn the basic skills required to handle and look after small pets to larger farm animals.
- ICT – You will study a wide range of topics including using Email, using the internet safely and IT fundamentals.
- Sport & Healthy Living – You will be able to take part in sports and other physical activities in our sports hall and gym as well as have the opportunity to take part in various outdoor pursuits such as sailing and kayaking. You may also wish to become part of the Boccia team who has recently reached the Southwest finals.
- Music/Dance/Drama – Express yourself and be creative in our music, dance and drama sessions. You may have the opportunity to take part in performances across the year.
- Independent Living – You will have access to our independent living suites which will allow you to develop basic household skills. You will also have opportunities to visit local shops and places within the community to enhance your independence.
- Maths & English – You will study maths and English at a level appropriate to you. These skills are studied in discrete sessions as well as being embedded throughout the whole curriculum.

\*\*Some of these options are subject the site that you study on\*\*

## □ Expect

Your assessment and progress will be assessed based on an individually tailored RARPA (Recognising and Recording Progress & Achievement) programme that focusses on individual targets and goals which are linked to outcomes set within and Education, Health and care Plan as well as your individual goals and aspirations. Throughout the year your targets will be regularly reviewed and a portfolio of your learning will be produced.

## □ You'll love

How much your self-confidence and social skills improve during this course.

## □ You'll go on to

Our Pathfinder Entry Level 2, Pathways to Employment or Moving courses.

## Choose from these course options

Course Title	Location	Start	Length
Personal Progress Towards Independence	Cornwall College Camborne	September 2020	1 year
Personal Progress Towards Independence	Duchy College Stoke Climsland	September 2020	1 year
Personal Progress Towards Independence	Cornwall College St Austell	September 2020	1 year

